Frequently Asked Questions 2026

What is the Turkey Trot?
The Turkey Trot is an annual fundraising event for CEA, a not-for-profit organization with the mission of facilitating career pathways, community employment, and employment choice for students and adults with disabilities. Our Turkey Trot consists of 3 events—a 5K run, a 2-mile fitness walk, and a virtual run.

When and where is the Turkey Trot?
The Turkey Trot is held each Thanksgiving morning in Flemington, NJ. The 5K run starts at 9:30 am and the 2-mile fitness walk starts at 9:40 am.

How can I register?
Registration is done online at https://runsignup.com/CEATurkeyTrot. To conserve our natural resources, we no longer offer paper registration for this event.

Can I register for the Turkey Trot the day of the event?
There is no in-person registration available at the event. However, you can register online with your personal device up to 9:00 AM on the day of the event.

When and where can I pick-up my event credentials?
We strongly encourage participants to pickup their credentials prior to the event to increase the likelihood that their preferred t-shirt sizes are available. Pick-up days and times follow:

CEA, 11 Minneakoning Road, Flemington, NJ (Enter Driveway #3)

Saturday	11/21/2026	9:30 am -- 2:30 pm
Monday	11/23/2026	11:00 am -- 6:00 pm
Tuesday	11/24/2026	11:00 am -- 3:00 pm
Wednesday	11/25/2026	11:00 am -- 3:00 pm

Court Street Park, Flemington, NJ

Thursday	11/26/2026	7:00 am – 9:00 am

*If you are picking-up your bib and event t-shirt on race day, pick-up is only available up to the start of the race. Event t-shirts will **not** be available for pick-up following the race.*

Can I pick-up event credentials for other participants?
Yes. However, please coordinate the pick-up with the other participants to avoid duplicate pick-ups.

Where can I park on race day?
There are several public parking lots in the vicinity of the Turkey Trot. Please look for signs as you travel down Main and Spring Streets. Although some on street parking is available on the day of the Turkey Trot, it is limited on many streets. It is best to arrive early and to carpool if possible.

Where does the Turkey Trot start?
The 5K run officially starts on Main Street near the Veterans Memorial, and the 2-mile fitness walk starts near the intersection of Main and Court Streets. However, you will be grouped into one of four starting corrals on Main Street based on your expected finish time, age group and whether you are a runner or a walker. Corral 1 (Green) is near the Veterans Memorial; Corral 2 (Yellow) is near the intersection of Capner Street; Corral 3 (Red) is near the intersection of Bloomfield Avenue; and Corral 4 (Blue) is near the intersection of Court Street. You can also view where the corrals are located on the course maps on our website: https://cea-nj.org/events/turkey-trot.

What if my family members are assigned to different starting corrals?
You can start in the corrals assigned, or you can start as a group from the assigned corral furthest from the starting line.

How will I be timed?
Runners will be timed using the B-Tag scoring system.

Why aren't Walkers timed?
The 2-mile walk is not a competitive event. It is a "fitness walk", so it is not timed.

How are winners determined?
Overall and age group winners are determined based on initial gun time at the start of the race. Team winners are determined based on chip time. If you win an overall award, you are not also eligible for an age group award.

What are the age categories for awards?

Under 12	12-14	15-19	20-24	25-29	30-34
35-39	40-44	45-49	50-54	55-59	60-64
65-69	70-74	75-79	80-84	85+	

When are overall winner and age group awards presented?
Awards are presented following the availability of the results from the scoring company--approximately 30 minutes after the winners finish the 5K run. The awards ceremony is held in the park behind the "Old Courthouse" at the intersection of Court Street and Park Avenue--one block away from the finish line.

Where can I find my race results?
Paper results are not available for this event. However, online race results are typically available at the event at https://runsignup.com/CEATurkeyTrot. If you would like "live results" texted to you on race day, please select this option when you register for the event.

You will not be able to choose this option after your registration for the event has been completed.

Are children welcome at the Turkey Trot?
Yes. Children are most certainly welcome. Above all, we are concerned with the safety of our participants, especially children, so please use good judgment in determining whether the fitness walk or the 5K run would be more appropriate for your child.

Why are 5K run participants not permitted to have dogs or strollers?
The 5K run is a semi-competitive event. Because of the risk presented by dogs and strollers to the safety of participants, we have a no strollers/pets provision for the run. For the safety of all of our participants, you must comply with this requirement.

What is the team competition and how can I start a team?
The team competition is for runners. The top three finishing times of team members are added to create the team finishing time. There is an open age category for teams with runners of any age and a master's category for teams with all members of 40 years of age or older. Each category is broken down into women's teams, men's teams and co-ed teams. *Note: Co-Ed teams must have at least one score from each gender as part of their team finishing score.*

How many people can be on a team?
You can have as many team members as you wish. However, only the top three eligible runners will score. Please ensure that each member of your team enters the exact same team name. The fastest scoring runner will be considered the "Team Captain" and will be the contact person for the team. Team members may register online at https://runsignup.com/CEATurkeyTrot.

Why is the team competition restricted to runners?
Walkers are not timed.

Where can I find a course map?
The course maps for the 5K run and 2-mile fitness walk are on our website: https://cea-nj.org/events/turkey-trot.

Where can I get my participant medal?
Participant medals are available immediately following the race in the park. Look for the red turkey head signs.

If something happens and I cannot run/walk, can I get a refund?
Unfortunately, we do not offer refunds. As a not-for-profit, this event generates much needed funds to support our programs. However, you can always participate as a virtual runner if you are unable to participate after registering.

How do I submit my time for the virtual run?
Please email Kyle Doremus at kdoremus@cea-nj.org with your time by 5:00 pm on Monday, December 7, 2026.

How can I volunteer to help with the Turkey Trot?
To volunteer at the Turkey Trot, please visit our main website: https://cea-nj.org/volunteer-opportunities or email Kyle Doremus at kdoremus@cea-nj.org.

How can I become a Turkey Trot sponsor?
Click the following link: https://cea-nj.org/1179-2/ or email Kyle Doremus at kdoremus@cea-nj.org.

How can I learn more about CEA services, volunteer opportunities and ways to support CEA and the CEA School?
Please visit our website for general information: https://cea-nj.org.

You can also join our email list and choose the topics you would like to hear more about by clicking the following link: https://cea-nj.org/email-sign-form/.